



# RETÜL | Sizing

Rider Name: \_\_\_\_\_

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Fit Specialist: \_\_\_\_\_

Bike Size: \_\_\_\_\_

Bike Model: \_\_\_\_\_

## RIDER ANALYSIS

### RIDING STYLE

Casual  Recreational  Competitive  Professional

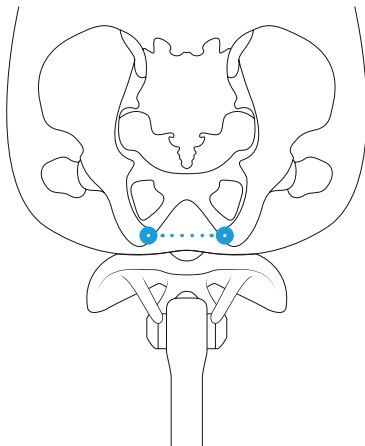
### SHOE

\_\_\_\_\_ MODEL  
SIZE

### ARCH SUPPORT

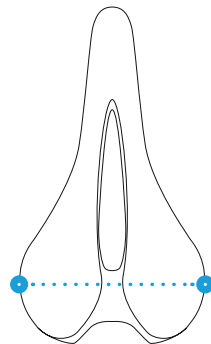
Red  Blue  Green

### SIT BONE WIDTH



\_\_\_\_\_ WIDTH

### RECOMMENDED SADDLE



143  155  168

\_\_\_\_\_ MODEL

# BIKE SET UP

## 1. SADDLE HEIGHT

Center of bottom bracket to middle of saddle (MM)

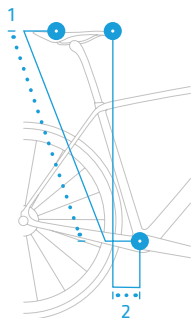
## 2. SADDLE FORE/AFT

Center of bottom bracket to front of saddle (MM)

## 3. SUSPENSION PSI

Front

Back



## STEM POSITION

Positive



Neutral



Negative



# FIT SERVICE MENU

## RETÜL SIZING

DURATION: 45 MINS

### INCLUDES

- 1 Interview
- 2 Ischial Tuberosity Width
- 3 Foot Structure Measurement

- 4 Saddle Height
- 5 Saddle Fore / Aft
- 6 Bar Rotation and Lever Position

## RETÜL FIT

DURATION: 2.5 HRS

### ASSESSMENT STEPS

- 1 Interview
- 2 Ischial Tuberosity Width
- 3 Forefoot Angulation
- 4 Foot Structure Measurement
- 5 Level Pelvis
- 6 Forward Spinal Flexion
- 7 Hamstring ROM
- 8 Hip ROM
- 9 Ankle ROM
- 10 Leg Length Discrepancy
- 11 One-Third Knee Bend

### RETÜL FIT STEPS

- 1 Saddle Selection
- 2 Cleat Placement & Rotation
- 3 Saddle Height
- 4 Saddle Fore / Aft
- 5 Handlebar Width
- 6 Handlebar Reach & Drop
- 7 Bar Rotation and Lever Position
- 8 Hip Angle
- 9 Z - Plane Assessment
- 10 Leg Length Adjustment
- 11 Arch Support
- 12 Forefoot Support
- 13 Stance Width
- 14 Follow - up

SHARED STEPS